

# Be Aware Be Safe!

As a dialysis patient you can play an important role in your own safety. Form a safety partnership with your caregivers – it benefits you and it benefits your provider.

**A**sk Questions  
**W**atch Your Treatments  
**A**lert Staff to Problems  
**R**eact Quickly and Calmly  
**E**ducate Yourself



## Ways you can be aware of safety

**Medications** – Know what kinds of medicine you take and know about your dialysis prescription.



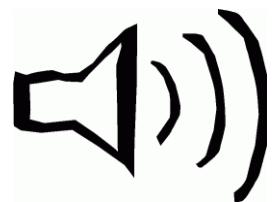
**Access** – Protect your arm (or where your access is).



**Diet** – Know what foods are good and safe for you to have. Know how much fluid is safe.



**Advocacy** – Speak up for yourself or ask your Social Worker to help you.



This poster was developed by the ESRD Network of New England. Information is provided by their **Patient Advisory Committee (PAC)**, a group of patients and patient's family members just like you! PAC members offer suggestions and give the patient's perspective to the Network.



Please direct your questions to  
**The Renal Network, Inc.**  
911 E. 86<sup>th</sup> Street, Suite 202  
Indianapolis, IN 46240  
Patient Line: 800-456-6919  
[www.TheRenalNetwork.org](http://www.TheRenalNetwork.org)  
[www.KidneyPatientNews.org](http://www.KidneyPatientNews.org)

