

# Treatment

# Options

## In-Center Hemodialysis



- ★ **Need an access to your blood stream**
- ★ **Dialysis usually 3 times per week for 3-5 hours**
- ★ **Trained facility staff responsible for care**
- ★ **Fluid & dietary restrictions**
- ★ **Must stick to a schedule & follow facility policies**

## Transplant



- ★ **Kidney transplants require either a cadaver (deceased) or a living donor**
- ★ **No more dialysis once the kidney is working well**
- ★ **Not a cure - requires taking medications everyday for life**
- ★ **Medications may have side effects**
- ★ **Must go through testing prior to qualifying for a transplant**
- ★ **Waiting list for cadaver may take years**
- ★ **No more fluid restrictions**
- ★ **Frequent doctor visits initially necessary**

## Peritoneal Dialysis CAPD or CCPD



- ★ **Peritoneal Dialysis - requires a catheter in your abdomen through which fluid is drained**
- ★ **CAPD - 4 manual exchanges per day provides for continuous 24-hour dialysis**
- ★ **CCPD - Need a cycling machine. Dialyze every night**
- ★ **Risk of infection higher than hemodialysis**
- ★ **Self care - more independence**
- ★ **May gain weight from sugar in dialysis fluid**
- ★ **Need clean area & space for supplies**

## Home Hemodialysis



- ★ **Need a partner**
- ★ **May follow your own schedule**
- ★ **Usually 3 times per week**
- ★ **Need an access to your blood stream**
- ★ **Allows for more independence**
- ★ **Need space for machine & supplies**

Discuss your questions about treatment options with your dialysis staff.  
Visit our web sites: [www.therenalnetwork.org](http://www.therenalnetwork.org) and [www.kidneypatientnews.org](http://www.kidneypatientnews.org)

