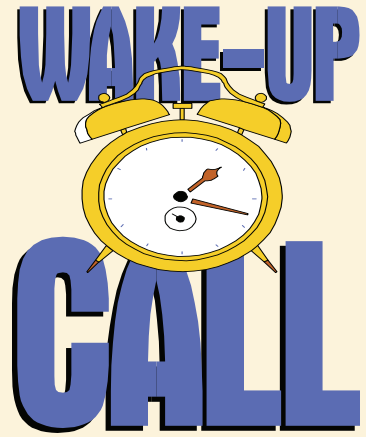


Dialysis



Adequate Dialysis means:

- ◆ Getting to dialysis on time
- ◆ Staying for your **full** treatment
- ◆ Maintaining fluid balance
- ◆ Following your renal diet
- ◆ Taking your medications

Symptoms of Inadequate Dialysis:

- ◆ Tiredness
- ◆ Weakness
- ◆ Nausea
- ◆ Poor appetite
- ◆ Losing body weight

Every **LAST** Minute **Counts**

**For more information
on adequacy of dialysis check with your health care team.**



*Facilitating the achievement of optimal
wellness for kidney disease patients.*

www.TheRenalNetwork.org
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911 E. 86th Street, Suite 202
Indianapolis, IN 46240
Patient Line: 800-456-6919