

**T****L****C**

# Your Access!



## Touch

for pulse  
for tenderness  
for temperature

## Look

at skin color  
for swelling  
for drainage



## Care

keep clean & protected  
no lying on arm  
no heavy lifting  
no carrying  
watch your weight  
keep clothes loose



Have any questions? Ask your nurse today! And ask to see the video, "Vascular Access for Hemodialysis."



Facilitating the achievement of optimal wellness for kidney disease patients.

[www.TheRenalNetwork.org](http://www.TheRenalNetwork.org)  
[www.KidneyPatientNews.org](http://www.KidneyPatientNews.org)

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