ARE YOU AT RISK FOR KIDNEY DISEASE?

Did you know?
26 Million Americans suffer from Chronic Kidney Disease (CKD). That is 13% of the U.S. adult population!

Know the risk factors.

- Diabetes
- High Blood Pressure
- Family History of Kidney Disease
- Cardiovascular Disease
- Obesity
- Autoimmune Disease
- Urinary Tract Infections
- Prior Kidney Loss or Damage

*Borrowed from www.kidney.org

GET SCREENED EARLY FOR KIDNEY DISEASE IF YOU HAVE ANY OF THE ABOVE RISK FACTORS.
ASK YOUR DOCTOR ABOUT EARLY REFERRAL TO A KIDNEY SPECIALIST, CALLED A NEPHROLOGIST.

KNOW YOUR OPTIONS!

- Kidney Transplantation
- Home Peritoneal Dialysis
- Home Hemodialysis
- In-Center Hemodialysis
- Nocturnal Dialysis
- Palliative Care

You are the most important member of your healthcare team. Learn more about your options by using the Resources listed below.

Resources
The Renal Network
www.therenalnetwork.org
(317) 257-8265

National Kidney Foundation of Indiana
www.kidney.org
(317) 722-5640

KidneySmart.org
1-888-MY-KIDNEY

Treatment Options
www.ultracare-dialysis.com
1-877-TOPS-LIFE

EARLY REFERRAL TO NEPHROLOGIST AND PATIENT EDUCATION ARE KEY FACTORS IN DECREASING NEW DIALYSIS ADMISSIONS WITH DANGEROUS CENTRAL VENOUS CATHETERS.

CENTRAL INDIANA VASCULAR ACCESS AFFINITY GROUP

Mission Statement: To work together as a community to optimize vascular access outcomes by providing education and resources to all modalities of dialysis patients and care providers.

Vision Statement: To facilitate a decrease in central venous catheter use in dialysis patients throughout Central Indiana by building partnerships with area Nephrologists and Vascular Surgeons, emphasizing the specific barriers our community faces in surmounting this crisis of catheter overutilization. Our goal is to cultivate a culture of resistance to the use of central venous catheters through full understanding of the issue and the development of solutions to mitigate their use in our community.

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Why refer early? Once a patient reaches CKD stage 3, they need closer monitoring and education for the journey ahead. Referral to vascular surgeon is also vital, as AV-Fistulae take about 8 weeks to mature for utilization on hemodialysis. Without a functioning arteriovenous access, or peritoneal dialysis catheter, patients are resigned to begin treatment with a high risk central venous catheter.

EARLY EDUCATION AND EARLY REFERRALS MEAN HEALTHIER PATIENTS

Indianapolis Area Nephrology Groups

Indiana Nephrology and Internal Medicine (INIM)
North (317) 875-0084  South (317) 865-8530
East (317) 353-8985  Carmel (317) 663-3401

Nephrology and Internal Medicine (NIM)
Main Office (317) 924-8425 – Several locations

IU Nephrology Group (317) 963-7923

Burden and Lowery DO’s (317) 682-2038
Dr. Bryant King (317) 290-8288
Dr. Anil Jain (317) 888-1100

Annual Basic Metabolic Panel with Urinalysis can help identify kidney disease in patients with risk factors.

GREATER INDIANAPOLIS AREA

INIM – Mooresville (800) 322-1628
INIM – Noblesville (317) 773-0363

Hendricks Nephrology (317) 718-2460

Hamilton Nephrology (317) 660-1379

Kokomo Nephrology (765) 864-7023

Dr. Cris Vieira—Shelbyville (317) 421-1914x3
Dr. Jaquelynn Swan—Avon (317) 217-2444