Ready. Set. Transplant!

**STEP 1**
Make Choices
- Talk to your kidney doctor and healthcare team
- Talk to your family about living donation
- Learn about all of your potential donor options

**STEP 2**
Evaluation
Healthy enough for surgery?
You will need:
- A medical work-up
- A dental exam
- A series of blood tests and X-rays
Living donors will need an evaluation, too.

**STEP 3**
Be Ready
If accepted for a transplant...
- Inform transplant center of changes in your health
- Regularly check waiting list status
- Follow diet, medication and dialysis prescriptions
- Learn how to keep your new kidney healthy
- Talk to your transplant center about insurance coverage and anti-rejection medication prior to surgery

**Things to remember...**
- Not all transplant centers have the same rules for acceptance.
- A patient with a living donor can get a transplant sooner.
- Every patient can be evaluated for a transplant.
- If you are not currently eligible for a transplant, don’t be discouraged. Status can change - Ask your care team!