Adequate Dialysis means...

- Getting to dialysis on time
- Staying on for your full treatment
- Maintaining fluid balance
- Following your renal diet
- Taking your medications

SYMPTOMS of Inadequate Dialysis

- Tiredness
- Weakness
- Losing body weight
- Nausea
- Poor Appetite

Every Minute Counts

For more information on adequacy of dialysis check with your healthcare team.