MISSING DIALYSIS

You may not immediately experience any problems, but studies show that inadequate dialysis will shorten your life expectancy.

Skipping treatments and shortening dialysis time carries risks and complications:

- **Anemia**: Worsening of ANEMIA and BONE DISEASE as a result of not receiving scheduled medications at dialysis
- **Cardiac**: CARDIAC COMPLICATIONS – irregular heart rate, cardiac arrest and death, due to high potassium levels
- **Stroke**: CEREBROVASCULAR COMPLICATIONS – stroke that could lead to disability and death
- **Cramping**: CRAMPING and LOW BLOOD PRESSURE during next dialysis session due to removing the extra, built-up fluid caused by missing treatment
- **Fluid**: FLUID OVERLOAD – shortness of breath from fluid in lungs that may require an emergency room visit and emergency dialysis

20 minutes early each treatment:
- 13 treatment per year
- One month worth of treatments!

1 treatment per week:
- 52 treatments per year
- 4 month of treatments!

IS IT WORTH THE RISK?