MISSING DIALYSIS

You may not immediately experience any problems, but studies show that inadequate dialysis will shorten your life expectancy.

Skipping treatments and shortening dialysis time carries risks and complications:

- **Anemia**: Worsening of ANEMIA and BONE DISEASE as a result of not receiving scheduled medications at dialysis.
- **Cardiac**: CARDIAC COMPLICATIONS – irregular heart rate, cardiac arrest and death, due to high potassium levels.
- **Stroke**: CEREBROVASCULAR COMPLICATIONS – stroke that could lead to disability and death.
- **Cramping**: CRAMPING and LOW BLOOD PRESSURE during next dialysis session due to removing the extra, built-up fluid caused by missing treatment.
- **Fluid**: FLUID OVERLOAD – shortness of breath from fluid in lungs that may require an emergency room visit and emergency dialysis.

**Signing Off**
- 20 minutes early each treatment:
  - = 13 treatment per year
  - = One month worth of treatments!

**Missing**
- 1 treatment per week:
  - = 52 treatments per year
  - = 4 month of treatments!

IS IT WORTH THE RISK?