### Peritoneal Dialysis

**Access:** Requires a catheter in your abdomen through which fluid is drained

**Environment:** Need clean space for equipment

**Dialysis Types:**
1. CCPD done with patient connected overnight to a machine for 6-10 hours
2. CAPD done 4 times a day manually and can be done most anywhere

**Diet:** More food and drink choices than in-center patients

**Outcomes:** Better lab results and quality of life

**Care:** Self-care and more independence

### Home Hemodialysis

**Access:** Need a fistula or catheter to access your bloodstream

**Environment:** Need clean space for machine

**Dialysis Types:**
1. 3 x a week for 3-4 hours, like in-center
2. 5-6 x a week for 2-3 hours each treatment (make your own schedule)

**Diet:** More food and drink choices with 5-6 x a week treatment

**Outcomes:** Better outcomes and quality of life

**Care:** May need a committed partner but allows for more independence